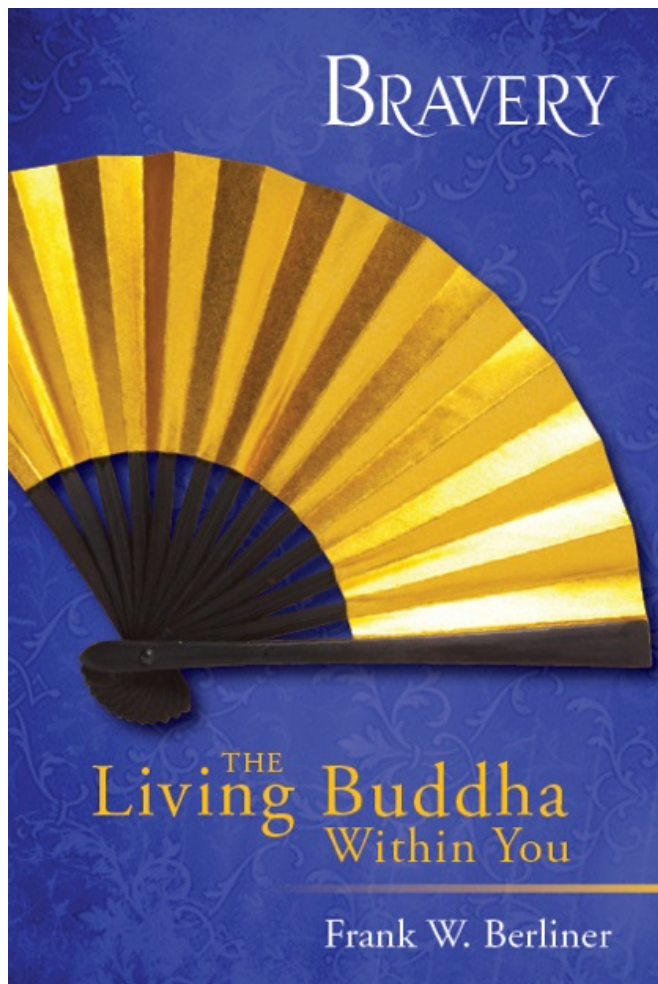


A weekend with
Frank W. Berliner

June 24-26 2016



June 24-25:
**The Practice of Bravery:
Mindfulness and Gentleness**
Friday 6pm-9pm (free)
Saturday 9am-5pm (\$40)
-First Unitarian Society of Milwaukee
1009 E. Ogden

June 26:
**The Practice of Bravery:
Insight and Freedom**
Sunday 9am-5pm (\$40)
-Troubadour Room
3211 S. Lake Drive (Bay View)

To register email jeanne.m.lowry@gmail.com or call (414) 659-0867

Frank Berliner has practiced and studied meditation for over forty years. A long-time teacher at Naropa University, Frank is celebrated for his ability to make the wisdom of the ancient Buddhist teachings relevant and accessible with clarity and warmth.

Sponsored by:
Mindfulness Community of Milwaukee
Gathering Waters Sangha: First Unitarian Society